

Form ADV Part 3: Relationship Summary

Capital Consulting and Asset Management, Inc.

Introduction

Capital Consulting and Asset Management, Inc. ("Capital Consulting and Asset Management, Inc." or "we") is an investment adviser registered with the U.S. Securities and Exchange Commission. We offer our clients investment advisory services. Clients should understand that the services we provide and fees we charge are different than those of a broker-dealer, and that it is important to understand the difference between the two. Free and simple tools are available to research firms and financial professionals at <https://www.investor.gov/CRS>, which also provides educational materials about investment advisers, broker-dealers and investing.

What Investment Services and Advice Can You Provide Me?

Description of Services: Capital Consulting and Asset Management, Inc. offers investment advisory services to retail investors. **Asset Management Services:** We provide asset management services which involves us managing and trading your designated account(s). We will discuss your investment goals and design a strategy to try and achieve your investment goals. We will continuously monitor your account when providing asset management services and contact you at least annually to discuss your portfolio. We may recommend a third-party money manager to manage all or a portion of your account. For more information, please see **Item 4** of our **Form ADV Part 2A**. When engaging us for asset management services, you can choose whether you'd like us to provide services on a **discretionary** basis (we will have the authority to determine the type and amount of securities to be bought or sold in your account) or a **non-discretionary** basis (we will have to confirm any trades in your account with you before we place them). Also, CCAM agrees in writing to be a Fiduciary on all discretionary accounts. For more information about investment authority, please see **Item 16** of our **Form ADV Part 2A**. **Financial Planning & Consulting Services:** We also provide financial planning and consulting services. Financial planning services involve us creating a written financial plan for you which covers mutually agreed upon topics. Financial consulting is used when a written financial plan isn't needed. It involves one time and/or ongoing meetings to discuss your financial situation. Please see **Item 4** of our **Form ADV Part 2A**. **Retirement Plan Participant Advice:** If your retirement plan utilizes our Retirement Plan Participant Advice Service, we are available at your request to provide one-on-one advice to you as a retirement plan participant regarding your investment options under the plan. Please see **Item 4** of our **Form ADV Part 2A**. **Limited Investment Offerings:** We do not primarily recommend one type of security to clients. Instead, we recommend investment portfolios designed to be suitable for each client relative to that client's specific circumstances and needs. However, we are limited in investment selection in that we can only invest your account in securities which are available on your custodian/broker-dealer's platform. When providing you services, we do not recommend or offer advice on any proprietary products. **Account & Fee Minimums:** There are no minimum investment amounts or conditions required for establishing an account managed by us.

Conversation Starters: *Given my financial situation, should I choose an investment advisory service? Why or why not? How will you choose investments to recommend to me? What is your relevant experience, including your licenses, education and other qualifications? What do these qualifications mean?*

What Fees Will I Pay?

Description of Principal Fees & Costs: Fees charged for our **Asset Management** services are charged based on a percentage of assets under management, billed in advance on a quarterly calendar basis, and calculated based on the fair market value of your account as of the last business day of the previous billing period. The annual fee for our "Unbundled Services" (our typical arrangement) ranges between 0.90% and 1.50%. The annual fee for our Mutual Fund Portfolios managed by us ranges between 0.90% and 1.50%. The annual fee for our Invest RX (our digital advisor program) is 0.65%. Because our fee is based upon the value of your account, we have an incentive to recommend that you increase the level of assets in your account. You may also incur other fees and expenses. Depending on your Program, the broker-dealer/custodian on your account will charge you transaction fees for executing trades in your account. Currently most trades are executed at \$0 at Fidelity. You will also be charged internal fees and expenses by the funds we invest in within your account. **Financial Planning and Consulting** services are provided under an hourly fee arrangement. An hourly fee of \$100 to \$200 per hour is charged by us and based on the Consultant and the complexity of the account. Fees are due immediately upon completion and delivery of the financial plan or consultation. Any fees we charge for financial planning and consulting services will not cover the costs associated with implementing any recommendations we may make. For our **Retirement Plan Participant Advice** Service, there is no direct charge to the plan participant; rather, we charge the retirement plan an investment advisory fee. **Additional Information:** You will pay fees and costs whether you make or lose money on your investments. Fees and costs will reduce any amount of money

you make on your investments over time. Please make sure you understand what fees and costs you are paying. For more information about the fees we charge and the other fees and expenses you will incur, please see **Item 5 of Form ADV Part 2A**.

Conversation Starters: *Help me understand how these fees and costs might affect my investments. If I give you \$10,000 to invest, how much will go to fees and costs, and how much will be invested for me?*

**What Are Your Legal Obligations to Me When Acting as My Investment Adviser?
How Else Does Your Firm Make Money and What Conflicts of Interest Do You Have?**

Standard of Conduct: When we act as your investment adviser, we have to act in your best interest and not put our interest ahead of yours. At the same time, the way we make money creates some conflicts with your interests. You should understand and ask us about these conflicts because they can affect the investment advice we provide you. Here are some examples to help you understand what this means. 1) To the extent we recommend you roll over your account from a current retirement plan to an individual retirement account ("IRA") managed by us and subject to our asset-based investment advisory fees, this is a conflict of interest because we have a financial incentive to recommend that you move your IRA to us even if it is not in your best interest. See **Item 4** of our **Form ADV Part 2A**. 2) When we provide asset management services, we will ask that you establish an account with Fidelity Brokerage Services, Inc., Charles Schwab & Co., Inc. or Pershing LLC to maintain custody of your assets and to effect trades for your account. This recommendation is not based solely on your interest of receiving the best execution possible. They provide us with research, products and tools that help us manage and further develop our business operations. We do not have to pay for such benefits, which save us money; however, these arrangements create a conflict of interest. See **Item 12** of our **Form ADV Part 2A**. 3) When we recommend that you utilize a third-party money manager, we will receive a percentage of the fee which they collect from you. This creates a conflict of interest as we have an incentive to recommend managers who have such arrangements with us. 4) Some of our investment adviser representatives also serve as insurance agents. Through their role as such they may sell, for commissions, various insurance products. We have a conflict of interest in recommending these products to you because of the potential for additional revenue. 5) Some of our representatives also serve as a registered representative of Geneos Wealth Management, a securities broker-dealer. When acting in this separate capacity, the representative will receive commissions for selling securities which creates a conflict of interest. However, our representatives do not currently open broker dealer accounts.

Conversation Starters: *How might your conflicts of interest affect me, and how will you address them?*

Additional Information: For more information about our conflicts of interests and the ways we are compensated, please see **Item 5** and **Item 10** of our **Form ADV Part 2A**.

How Do Your Financial Professionals Make Money?

Description of Salary/Payment of IARs: We compensate our investment adviser representatives based on an annual salary, with a small percentage of the salary based on the level of assets that the representative brings in to us. This creates a conflict of interest as it gives your representative an incentive to recommend you invest more in your account with us due to the potential for increased payments.

Do You or Your Financial Professionals Have Legal or Disciplinary History?

Yes, prior to the creation of CCAM in 1996. You can look up more information about us and our investment adviser representatives at <https://www.investor.gov/CRS>.

Conversation Starters: *As a financial professional, do you have any disciplinary history? For what type of conduct?*

Additional Information About Capital Consulting and Asset Management, Inc.

Additional information about us and a copy of this relationship summary are available on the Internet at www.ccam.net. You can also find our disclosure brochures and other information about us at <https://adviserinfo.sec.gov/firm/summary/41438>. If you have any questions or want an up-to-date copy of this relationship summary, we can be reached by phone at 402-477-2500.

Conversation Starters: *Who is my primary contact person? Is he or she a representative of an investment adviser or a broker-dealer? Who can I talk to if I have concerns about how this person is treating me?*