



IAPD Report

FREDERICK LAWRENCE HELMICK JR

CRD# 3175961

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When communicating online or investing with any professional, make sure you know who you're dealing with. [Imposters](#) might link to sites like BrokerCheck from [phishing](#) or similar scam websites, or through [social media](#), trying to steal your personal information or your money.

Please contact FINRA with any concerns.



IAPD Information About Representatives

IAPD offers information on all current-and many former representatives. Investors are strongly encouraged to use IAPD to check the background of representatives before deciding to conduct, or continue to conduct, business with them.

What is included in a IAPD report?

IAPD reports for individual representatives include information such as employment history, professional qualifications, disciplinary actions, criminal convictions, civil judgments and arbitration awards.

It is important to note that the information contained in an IAPD report may include pending actions or allegations that may be contested, unresolved or unproven. In the end, these actions or allegations may be resolved in favor of the representative, or concluded through a negotiated settlement with no admission or finding of wrongdoing.

Where did this information come from?

The information contained in IAPD comes from the Investment Adviser Registration Depository (IARD) and FINRA's Central Registration Depository, or CRD, (see more on CRD below) and is a combination of:

- information the states require representatives and firms to submit as part of the registration and licensing process, and
- information that state regulators report regarding disciplinary actions or allegations against representatives.

How current is this information?

Generally, representatives are required to update their professional and disciplinary information in IARD within 30 days.

Need help interpreting this report?

For help understanding how to read this report, please consult NASAA's IAPD Tips page <http://www.nasaa.org/IAPD/IARReports.cfm>

What if I want to check the background of an Individual Broker or Brokerage Firm?

To check the background of an Individual Broker or Brokerage firm, you can search for the firm or individual in IAPD. If your search is successful, click on the link provided to view the available licensing and registration information in FINRA's BrokerCheck website.

Are there other resources I can use to check the background of investment professionals?

It is recommended that you learn as much as possible about an individual representative or Investment Adviser firm before deciding to work with them. Your state securities regulator can help you research individuals and certain firms doing business in your state. The contact information for state securities regulators can be found on the website of the North American Securities Administrators Association <http://www.nasaa.org>



Report Summary

FREDERICK LAWRENCE HELMICK JR (CRD# 3175961)

The report summary provides an overview of the representative's professional background and conduct. The information contained in this report has been provided by the representative, investment adviser and/or securities firms, and/or securities regulators as part of the states' investment adviser registration and licensing process. The information contained in this report was last updated by the representative, a previous employing firm, or a securities regulator on **03/30/2026**.

CURRENT EMPLOYERS

	Firm	CRD#	Registered Since
B	TRUSTMONT FINANCIAL GROUP, INC.	CRD# 18312	01/04/2016
IA	TRUSTMONT ADVISORY GROUP, INC.	CRD# 106015	01/06/2016

QUALIFICATIONS

This representative is currently registered in **1** SRO(s) and **10** jurisdiction(s).

Is this representative currently Inactive or Suspended with any regulator? **No**

Note: Not all jurisdictions require IAR registration or may have an exemption from registration.

Additional information including this individual's qualification examinations and professional designations is available in the Detailed Report.

REGISTRATION HISTORY

This representative was previously registered with the following firm(s):

	FIRM	CRD#	LOCATION	REGISTRATION DATES
IA	AMERICAN PORTFOLIOS ADVISORS, INC	112697	HOLBROOK , NY	09/10/2004 - 12/31/2015
B	AMERICAN PORTFOLIOS FINANCIAL SERVICES, INC.	18487	PHILADELPHIA, PA	05/28/2004 - 12/31/2015
IA	PMG ASSET MANAGEMENT INC	110825	PHILADELPHIA, PA	01/07/2004 - 06/04/2004

For additional registration and employment history details as reported by the individual, refer to the Registration and Employment History section of the Detailed Report.

DISCLOSURE INFORMATION

Disclosure events include certain criminal charges and convictions, formal investigations and disciplinary actions initiated by regulators, customer disputes and arbitrations, and financial disclosures such as bankruptcies and unpaid judgments or liens.

Are there events disclosed about this representative? **Yes**

The following types of events are disclosed about this representative:

Type	Count
Judgment/Lien	1



Qualifications

REGISTRATIONS

This section provides the SRO, states and U.S. territories in which the representative is currently registered and licensed, the category of each registration, and the date on which the registration becomes effective. This section also provides, for each firm with which the representative is currently employed, the address of each location where the representative works. This individual is currently registered with **10** jurisdiction(s) and 1 SRO(s) through his or her employer(s).

Employment 1 of 2

Firm Name: **TRUSTMONT FINANCIAL GROUP, INC.**
Main Address: SCENIC DRIVE PROFESSIONAL CENTER
200 BRUSH RUN ROAD, SUITE A
GREENSBURG, PA 15601
Firm ID#: 18312

	Regulator	Registration	Status	Date
B	FINRA	General Securities Representative	Approved	01/04/2016
B	FINRA	Invest. Co and Variable Contracts	Approved	01/04/2016
B	Florida	Agent	Approved	01/04/2016
B	Georgia	Agent	Approved	01/04/2016
B	Kentucky	Agent	Approved	02/01/2016
B	Maine	Agent	Approved	01/04/2016
B	Maryland	Agent	Approved	04/08/2026
B	New Jersey	Agent	Approved	01/04/2016
B	North Carolina	Agent	Approved	03/31/2026
B	Pennsylvania	Agent	Approved	01/04/2016
B	South Carolina	Agent	Approved	04/02/2026
B	Virginia	Agent	Approved	01/04/2016

Branch Office Locations




Qualifications

1811 Bethlehem Pike
Unit 214
Flourtown, PA 19031

Employment 2 of 2

Firm Name: **TRUSTMONT ADVISORY GROUP, INC.**
Main Address: SCENIC DRIVE PROFESSIONAL CENTER
200 BRUSH RUN ROAD, SUITE A
GREENSBURG, PA 15601
Firm ID#: 106015

Regulator	Registration	Status	Date
 Pennsylvania	Investment Adviser Representative	Approved	01/06/2016

Branch Office Locations

TRUSTMONT ADVISORY GROUP, INC.
1811 BETHLEHEM PIKE
UNIT 214
FLOURTOWN, PA 19031



Qualifications

PASSED INDUSTRY EXAMS

This section includes all industry exams that the representative has passed. Under limited circumstances, a representative may attain registration after receiving an exam waiver based on a combination of exams the representative has passed and qualifying work experience. Likewise a new exam requirement may be grandfathered based on a representative's specific qualifying work experience. Exam waivers and grandfathering are not included below.

This individual has passed 0 principal/supervisory exams, 3 general industry/product exams, and 2 state securities law exams.

Principal/Supervisory Exams

Exam	Category	Date
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No information reported.

General Industry/Product Exams

Exam	Category	Date
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B Securities Industry Essentials Examination (SIE)	SIE	10/01/2018
B General Securities Representative Examination (S7)	Series 7	12/28/1999
B Investment Company Products/Variable Contracts Representative Examination (S6)	Series 6	02/22/1999

State Securities Law Exams

Exam	Category	Date
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IA Uniform Investment Adviser Law Examination (S65)	Series 65	08/12/1999
B Uniform Securities Agent State Law Examination (S63)	Series 63	02/23/1999

PROFESSIONAL DESIGNATIONS

This section details that the representative has reported **1** professional designation(s).

Certified Financial Planner

This representative holds or did hold **1** professional designation(s) that may have been used to qualify as an Investment Advisor representative. Please check with the appropriate designation authority for verification that the designation is still in effect. The contact information for these professional designation authorities can be found on the website for the North American Securities Administrators Association at <http://www.nasaa.org>



Registration & Employment History

PREVIOUSLY REGISTERED WITH THE FOLLOWING FIRMS

This representative held registrations with the following firms:

	Registration Dates	Firm Name	ID#	Branch Location
IA	09/10/2004 - 12/31/2015	AMERICAN PORTFOLIOS ADVISORS, INC	CRD# 112697	HOLBROOK , NY
B	05/28/2004 - 12/31/2015	AMERICAN PORTFOLIOS FINANCIAL SERVICES, INC.	CRD# 18487	PHILADELPHIA, PA
IA	01/07/2004 - 06/04/2004	PMG ASSET MANAGEMENT INC	CRD# 110825	PHILADELPHIA, PA
B	02/13/2002 - 06/04/2004	PMG SECURITIES CORPORATION	CRD# 27107	ELGIN, IL
B	08/03/2000 - 02/12/2002	LOCUST STREET SECURITIES, INC.	CRD# 1703	DES MOINES, IA
B	02/23/1999 - 08/02/2000	SIGNATOR INVESTORS, INC.	CRD# 468	BOSTON, MA

EMPLOYMENT HISTORY

Below is the representative's employment history for up to the last 10 years.

Employment Dates	Employer Name	Position	Investment Related	Employer Location
01/2016 - Present	TRUSTMONT ADVISORY GROUP, INC.	INVESTMENT ADVISOR REPRESENTATIVE	Y	GREENSBURG, PA, United States
01/2016 - Present	TRUSTMONT FINANCIAL GROUP, INC.	REGISTERED REPRESENTATIVE	Y	GREENSBURG, PA, United States
02/2000 - Present	HELMICK & CO WEALTH ADVISORS LLC.	REGISTERED REP	N	PHILADELPHIA, PA, United States

OTHER BUSINESS ACTIVITIES

This section includes information, if any, as provided by the representative regarding other business activities the representative is currently engaged in either as a proprietor, partner, officer, director, employee, trustee, agent, or otherwise. This section does not include non-investment related activity that is exclusively charitable, civic, religious, or fraternal and is recognized as tax exempt.

1. FREDERICK HELMICK CPA, TAX PREPARATION 455 DRESHERTOWN RD. FORT WASHINGTON, PA 19034 SOLE PROPRIETOR, FLAT FEE. NOT SECURITIES RELATED. START DATE 4/1998. 100% OWNERSHIP. 10 HOURS DEVOTED PER MONTH, 3 HOURS DEVOTED DURING MARKET HOURS.
2. HELMICK & COMPANY WEALTH ADVISORS, LLC - SECURITIES, INSURANCE AND ADVISORY BUSINESS. START DATE, 4/1998. 100% OWNERSHIP, 40 HPW DURING SECURITIES TRADING HOURS. DUTIES INCLUDE MANAGEMENT, SECURITIES AND INSURANCE ADVICE AND FINANCIAL PLANNING.
3. 1/1/2016-CONSULTANT IN FOCUS GROUPS. 4 HPY NOT DURING SECURITIES TRADING



Registration & Employment History



OTHER BUSINESS ACTIVITIES

HOURS.

4. JOURNAL OF FINANCIAL SERVICE PROFESSIONALS, ONE UNIVERSITY PLACE, CHESTER, PA 19013. START DATE 1/1/2019-ASSOCIATE EDITOR. 2 HPW NOT DURING SECURITIES TRADING HOURS.



Disclosure Summary

Disclosure Information

What you should know about reported disclosure events:

(1) Certain thresholds must be met before an event is reported to IARD, for example:

- A law enforcement agency must file formal charges before an Investment Adviser Representative is required to report a particular criminal event.;
- A customer dispute must involve allegations that an Investment Adviser Representative engaged in activity that violates certain rules or conduct governing the industry and that the activity resulted in damages of at least \$5,000.

(2) Disclosure events in IAPD reports come from different sources:

As mentioned in the "About IAPD" section on page 1 of this report, information contained in IAPD comes from Investment Adviser Representatives, firms and regulators. When more than one of these sources reports information for the same disclosure event, all versions of the event will appear in the IAPD report. The different versions will be separated by a solid line with the reporting source labeled.

(3) There are different statuses and dispositions for disclosure events:

- A disclosure event may have a status of *pending*, *on appeal*, or *final*.
 - A "pending" disclosure event involves allegations that have not been proven or formally adjudicated.
 - A disclosure event that is "on appeal" involves allegations that have been adjudicated but are currently being appealed.
 - A "final" disclosure event has been concluded and its resolution is not subject to change.
- A final disclosure event generally has a disposition of *adjudicated*, *settled* or *otherwise resolved*.
 - An "adjudicated" matter includes a disposition by (1) a court of law in a criminal or civil matter, or (2) an administrative panel in an action brought by a regulator that is contested by the party charged with some alleged wrongdoing.
 - A "settled" matter generally represents a disposition wherein the parties involved in a dispute reach an agreement to resolve the matter. Please note that Investment Adviser Representatives and firms may choose to settle customer disputes or regulatory matters for business or other reasons.
 - A "resolved" matter usually includes a disposition wherein no payment is made to the customer or there is no finding of wrongdoing on the part of the Investment Adviser Representative. Such matters generally involve customer disputes.

(4) You may wish to contact the Investment Adviser Representatives to obtain further information regarding any of the disclosure events contained in this IAPD report.



DISCLOSURE EVENT DETAILS

When evaluating this information, please keep in mind that some items may involve pending actions or allegations that may be contested and have not been resolved or proven. The event may, in the end, be withdrawn, dismissed, resolved in favor of the Investment Adviser Representative, or concluded through a negotiated settlement with no admission or finding of wrongdoing.

This report provides the information exactly as it was reported to the Investment Adviser Registration Depository. Some of the specific data fields contained in the report may be blank if the information was not provided.

The following types of events are disclosed about this representative:

Type	Count
Judgment/Lien	1

Judgment/Lien

This disclosure event involves an unsatisfied and outstanding judgment or lien against the Investment Adviser Representative.

Disclosure 1 of 1

Reporting Source:	Individual
Judgment/Lien Holder:	Blue Bell Contractors, Inc.
Judgment/Lien Amount:	\$8,221.00
Judgment/Lien Type:	Civil
Date Filed with Court:	07/16/2015
Date Individual Learned:	08/01/2015
Type of Court:	State Court
Name of Court:	Court of Common Pleas
Location of Court:	Montgomery , Pennsylvania
Docket/Case #:	2015-20392
Judgment/Lien Outstanding?	Yes
Broker Statement	"The mechanics lien filing is without merit. The contractor owes more in project credits than the \$8221.00 lien amount".



End of Report

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